



**Shikellamy Youth Football  
and Cheerleading Inc**  
P.O. Box 355, Sunbury, PA 17801-0355

**HEALTH RECORD AND QUESTIONNAIRE**

**PERSONAL**

Date: \_\_\_\_\_ Sport: \_\_\_\_\_ Grade: \_\_\_\_\_

Full Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Family Physician: \_\_\_\_\_

Physician Phone #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone #: \_\_\_\_\_

Insurance Carrier: \_\_\_\_\_

Policy #: \_\_\_\_\_

Are You on any Medications? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, what and why? \_\_\_\_\_

Date of your last Tetanus Booster: \_\_\_\_\_

Are there any other conditions medical personnel should know about or any medications medical personnel need to keep on hand ? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**GENERAL**

	Yes	No	Explanation
Asthma -----	_____	_____	_____
Diabetes-----	_____	_____	_____
Heart Problems-----	_____	_____	_____
Murmurs-----	_____	_____	_____
Dizziness-----	_____	_____	_____
Chest Pains-----	_____	_____	_____
Extra Heart Beat-----	_____	_____	_____
Black Outs-----	_____	_____	_____
Rheumatic Fever-----	_____	_____	_____



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	Yes	No	Explanation
Cancer -----	_____	_____	_____
Allergies -----	_____	_____	_____
Medication-----	_____	_____	_____
Food-----	_____	_____	_____
Bites-----	_____	_____	_____
High Blood Pressure -----	_____	_____	_____
Drug / Alcohol Problems -----	_____	_____	_____
Cysts or Lumps -----	_____	_____	_____
Boils -----	_____	_____	_____
Jock Itch -----	_____	_____	_____
Athlete's Foot -----	_____	_____	_____
Do you take any Medications routinely?			
_____			
_____			

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## **ABDOMINAL** - Have you ever had, or now have, any of the following?

	Yes	No	Explanation
Appendicitis -----	_____	_____	_____
Stomach Trouble -----	_____	_____	_____
Bleeding from Rectum -----	_____	_____	_____
Injury to Spleen -----	_____	_____	_____
Hernia -- -----	_____	_____	_____
Injury to Kidney -----	_____	_____	_____

## Are any of the following paired organs missing or abnormal?

(Please indicate any absence of any organs)

	Yes	No	Explanation
Lungs -----	_____	_____	_____
Kidneys -----	_____	_____	_____
Testes -----	_____	_____	_____

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### **NEUROLOGICAL** - Have you ever had, or now have, any of the following?

	Yes	No	Explanation
<b>Head Injury</b>			
Skull Fracture -----	_____	_____	_____
Facial Fracture -----	_____	_____	_____
Concussion -----	_____	_____	Number? _____ When? _____
Unconsciousness -----	_____	_____	How long? _____
<b>Neck Injury</b>			
Cervical Fracture -----	_____	_____	_____
Pinched Nerve -----	_____	_____	When? _____
Burner / Stinger -----	_____	_____	When / How many? _____
Frequent Headaches -----	_____	_____	How often? _____
Seizure Disorder -----	_____	_____	_____
Nervous Disorder -----	_____	_____	_____

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### **DENTAL** - Do you have?

	Yes	No	Explanation
Dentist -----	_____	_____	Who? _____
Cavities -----	_____	_____	_____
False Teeth -----	_____	_____	_____
Many Toothaches -----	_____	_____	_____
Missing Teeth -----	_____	_____	_____
Pain with Hot or Cold -----	_____	_____	_____
TMJ Dysfunction -----	_____	_____	_____

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### **EAR- NOSE -THROAT** - Have you ever had, or now have, any of the following?

	Yes	No	Explanation
Hearing Difficulty -----	_____	_____	_____
Frequent Earache -----	_____	_____	_____
Problems Breathing / Chest -----	_____	_____	_____
Through Nose -----	_____	_____	_____
Broken Nose -----	_____	_____	_____
Frequent Tonsil Infection -----	_____	_____	_____

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**ORTHOPAEDIC** - - Have you ever had, or now have, any injury to any of the following?  
(Please note whether injury was to the left or right side)

	Yes	No	Explanation
Neck -----	_____	_____	_____
Shoulder -----	_____	_____	_____
Arm -----	_____	_____	_____
Elbow -----	_____	_____	_____
Wrist -----	_____	_____	_____
Hand -----	_____	_____	_____
Fingers -----	_____	_____	_____
Back -----	_____	_____	_____
Ribs -----	_____	_____	_____
Hip -----	_____	_____	_____
Groin -----	_____	_____	_____
Thigh -----	_____	_____	_____
Knee -----	_____	_____	_____
Lower Leg -----	_____	_____	_____
Ankle -----	_____	_____	_____
Foot -----	_____	_____	_____
Other -----	_____	_____	_____

=====

Have you in the past or do you now use alcohol, steroids or other drugs?

	Yes	No	Explanation
	_____	_____	_____

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Please list other health problems, hospitalizations or surgical procedures you have had or undergone.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**FAMILY HEALTH HISTORY** – Has a member of your family died of or now have any of the following?

	Yes	No	Explanation
Sudden Death -----	_____	_____	_____
Heart Disease -----	_____	_____	_____



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Diabetes ----- ☐ ☐ ☐

High Blood Pressure ----- ☐ ☐ ☐

Seizure Disorder ----- ☐ ☐ ☐

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**FEMALES ONLY -**

	Yes	No	Explanation
Have you ever been treated for a Female disorder -----	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had a change in Menstrual pattern---	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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My son / daughter has my/our permission to participate in the following sport: \_\_\_\_\_

All of the above responses are true and accurate to the best of my/our knowledge.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

The physical will not be completed until this History Form is completed and signed.

**THERE WILL BE NO EXCEPTIONS MADE**